

TEACHER DELIGHT

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Mental Health in America: What Today's Educators Need to Know

Schools and teachers are playing a larger and larger role in providing mental health support to students, all at the same time that stress and feelings of burnout have reached critical levels for educators themselves.

In her presentation, Dr. Meltzer-Brody will discuss the enormous mental health needs facing our youth and how teachers can help to address the mental health crisis we face.

Presentation Target:

All Audiences

Presenter(s):

1. Samantha Meltzer-Brody, Assad Meymandi Distinguished Professor and Chair of the Department of Psychiatry at the University of North Carolina at Chapel Hill.